



**TRINITY**  
**CATHEDRAL**  
EPISCOPAL  
CHURCH

A Sacred Place for All People

11:15 AM CHORAL EUCHARIST

March 8, 2026

Third Sunday in Lent

THE MISSION OF TRINITY CATHEDRAL IS TO PROCLAIM IN WORD  
AND ACTION GOD'S JUSTICE, LOVE AND MERCY FOR ALL CREATION.

# VOLUNTARY

Variations on *Wer nur den lieben Gott läßt walten*

Georg Böhm (1661-1733)

*The congregation stands in body or spirit.*

## OPENING HYMN 149

Eternal Lord Of Love, Behold Your Church

1 E - ter - nal Lord of love, be - hold your Church  
2 So dai - ly dy - ing to the way of self,  
3 If dead in you, so in you we a - rise,

walk - ing once more the pil - grim way of Lent,  
so dai - ly liv - ing to your way of love,  
you the first - born of all the faith - ful dead;

led by your cloud by day, by night your fire,  
we walk the road, Lord Je - sus, that you trod,  
and as through ston - y ground the green shoots break,

moved by your love and toward your pres - ence bent:  
know - ing our - selves bap - tized in - to your death:  
glo - rious in spring - time - dress of leaf and flower,

far off yet here the goal of all de - sire.  
 so we are dead and live with you in God.  
 so in the Fa - ther's glo - ry shall we wake.

Words: Thomas H. Cain (b. 1931)  
 Music: *Old 124th, melody Pseaumes octante trois de David, 1551;*  
 harm. Charles Winfred Douglas (1867-1944)

## OPENING ACCLAMATION

*Celebrant* Blessed be the God of our salvation.  
*People* **Who bears our burdens and forgives our sins.**

## CONFESSION AND ABSOLUTION

Let us confess our sins to God.

*Celebrant and People*

**God of all mercy,  
 we confess that we have sinned against you,  
 opposing your will in our lives.  
 We have denied your goodness in each other,  
 in ourselves, and in the world you have created.  
 We repent of the evil that enslaves us,  
 the evil we have done,  
 and the evil done on our behalf.  
 Forgive, restore, and strengthen us  
 through our Savior Jesus Christ,  
 that we may abide in your love  
 and serve only your will. Amen.**

*Celebrant* Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

# TRISAGION

Ho - ly God, Ho - ly and Might - y,  
Ho - ly Im - mor - tal One, have mer - cy up - on us.  
Ho - ly God, Ho - ly and Might - y, Ho - ly Im -  
- mor - tal One, have mer - cy up - on us.  
Ho - ly God, Ho - ly and Might - y, Ho - ly Im -  
- mor - tal One, have mer - cy up - on us.

Setting: Susan Calvin Fletcher, © 2002 Susan Calvin Fletcher.  
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## THE COLLECT

*Celebrant* God be with you.  
*People* **And also with you.**  
*Celebrant* Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

*The congregation sits.*

## THE FIRST LESSON

*Exodus 17:1-7*

**F**rom the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

*Reader*            Hear what the Spirit is saying to God's people.

*People*            **Thanks be to God.**

## PSALM 95

Plainsong: Tone II.1

Come, let us sing to the Lord; let us shout for joy to the Rock of our salvation.

Let us come before his presence with thanksgiving  
and raise a loud shout to him with psalms.

For the Lord is a great God, and a great King above all gods.

In his hand are the caverns of the earth, and the heights of the hills are his also.

The sea is his, for he made it, and his hands have molded the dry land.

Come, let us bow down, and bend the knee, and kneel before the Lord our Maker.

For he is our God, and we are the people of his pasture and the sheep of his hand.

Oh, that today you would hearken to his voice!

Harden not your hearts, as your forebears did in the wilderness,  
at Meribah, and on that day at Massah, when they tempted me.

They put me to the test, though they had seen my works.

Forty years long I detested that generation and said,

"This people are wayward in their hearts; they do not know my ways."

So I swore in my wrath, "They shall not enter into my rest."

## THE SECOND LESSON

*Romans 5:1-11*

**S**ince we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

*Reader*            Hear what the Spirit is saying to God's people.

*People*            **Thanks be to God.**

*The congregation stands in body or spirit.*

# SEQUENCE HYMN 649

## O Jesus, Joy Of Loving Hearts



1 O Je - sus, joy of lov - ing hearts, the fount of  
2 We taste in you our liv - ing bread, and long to  
3 For you our rest - less spi - rits yearn wher - e'er our  
4 O Je - sus, ev - er with us stay; make all our



life and our true light, we seek the peace your love im -  
feast up - on you still; we drink of you, the foun - tain -  
chang - ing lot is cast; glad, when your pres - ence we dis -  
mo - ments calm and bright; oh, chase the night of sin a -



parts, and stand re - joic - ing in your sight.  
head, our thirst - ing souls to quench and fill.  
cern, blest, when our faith can hold you fast.  
way, shed o'er the world your ho - ly light.



Words: Att. Bernard of Clairvaux (1091-1153), tr. and para. Ray Palmer (1808-1887), alt. Adapted text from ICEL Resource Collection of Hymns and Service Music for the Liturgy. Copyright © 1981, International Committee on English in the Liturgy, Inc. All rights reserved. Music: *Dickinson College*, Lee Hastings Bristol, Jr. (1923-1979) 1962, Theodore Presser Co. Used by permission of the Publisher. Copyright © 1962 Theodore Presser Co. Used by permission of the publisher.

# THE GOSPEL

John 4:5-42

*Gospeler* The Holy Gospel of our Savior Jesus Christ according to John.

*People* **Glory to you, Lord Christ.**

**J**esus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you." Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him. Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?"

Jesus said to them, “My food is to do the will of him who sent me and to complete his work. Do you not say, ‘Four months more, then comes the harvest’? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, ‘One sows and another reaps.’ I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor.” Many Samaritans from that city believed in him because of the woman’s testimony, “He told me everything I have ever done.” So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, “It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world.”

*Gospeler*            The Gospel of the Lord.  
*People*              **Praise to you, Lord Christ.**

*Children are invited to gather in the soft space and follow the Children’s cross for a lesson in the Conference Room C/D. They will return to their parents by the passing of the peace.*

*The congregation sits after the preacher’s opening words.*

## THE SERMON

The Very Rev. Bernard J. Owens

*The congregation stands in body or spirit.*

## THE NICENE CREED

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God, begotten, not made,  
of one Being with the Father;  
through him all things were made.**

**For us and for our salvation**

**he came down from heaven,  
was incarnate of the Holy Spirit and the Virgin Mary  
and became truly human.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures; he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father,  
who with the Father and the Son is worshiped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## PRAYERS OF THE PEOPLE

BCP, Form I

With all our heart and with all our mind, let us pray to the Lord, saying “Lord, have mercy.”

For the peace from above, for the loving-kindness of God, and for the salvation of our souls, let us pray to the Lord. **Lord, have mercy.**

For the peace of the world, for the welfare of the Holy Church of God, and for the unity of all peoples, let us pray to the Lord. **Lord, have mercy.**

For our Bishop, and for all the clergy and people, let us pray to the Lord. **Lord, have mercy.**

For our President, and for the leaders of the nations, and for all in authority, let us pray to the Lord. **Lord, have mercy.**

For this city, and for every city and community, and for those who live in them, let us pray to the Lord. **Lord, have mercy.**

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord. **Lord, have mercy.**

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, especially... let us pray to the Lord. **Lord, have mercy.**

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.

**Lord, have mercy.**

For all who have died in the hope of the resurrection, and for all the departed, especially... let us pray to the Lord. **Lord, have mercy.**

For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord. **Lord, have mercy.**

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord. **Lord, have mercy.**

Defend us, deliver us, and in thy compassion protect us, O Lord, by thy grace. **Lord, have mercy.**

In the communion of saints, let us commend ourselves, and one another, and all our life, to Christ our God. **To thee, O Lord our God.**

*Celebrant*

Hasten, O God, the coming of your kingdom; and grant that we your servants, who now live by faith, may with joy behold our Savior at his coming in glorious majesty; even Jesus Christ, our only Mediator and Advocate. **Amen.**

## THE PEACE

*Celebrant*     The peace of Christ be always with you.  
*People*         **And also with you.**

*The congregation shares with one another a sign of peace and then sits.*

## WELCOME AND ANNOUNCEMENTS

*Offertory Sentence*

# THE HOLY COMMUNION

## ANTHEM AT THE OFFERTORY

*Why Art Thou So Heavy, O My Soul?*

Text: Psalm 43:5-6

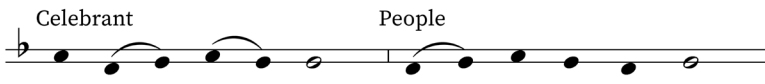
Music: Henry Loosemore (c. 1607-1670)

Why art thou so heavy, O my soul?  
And why are thou so disquieted within me?  
O put thy trust in God,  
for I will yet give him thanks,  
which is the help of my countenance and my God.  
Amen.

The congregation stands in body or spirit at the invitation of the celebrant.

# THE GREAT THANKSGIVING

BCP, Prayer A - Expansive



God be with you. And also with you.



Lift up your hearts. We lift them to the Lord.



Let us give thanks to the Lord our God.



It is right to give our thanks and praise.

*Celebrant* It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator of heaven and earth. You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



Ho - ly, ho - ly, ho - ly Lord,



God of pow - er and might, hea - ven and earth are



full of your glo - ry. Ho - san - na in the high - est.

Blessed is the one who comes in the name of the  
 Lord. Ho - san - na in the high - est.

Setting: Susan Calvin Fletcher, © 2002 Susan Calvin Fletcher.  
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Holy and gracious God: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and maker of all.

Jesus stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Savior Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

*Celebrant and People*

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

We celebrate the memorial of our redemption, Almighty God, in this sacrifice of praise and thanksgiving. Recalling Christ’s death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in Christ. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.



*Celebrant* The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*The Bread and the Cup are given with these words:*

The Body of Christ, the Bread of Heaven. **Amen.**

The Blood of Christ, the cup of salvation. **Amen.**

*All are invited to come forward for Communion or a blessing. Bread and wine are both offered, though drinking from the common cup is not required. If you choose to receive wine, please refrain from intinction (dipping bread in the wine) at this time. Gluten-free bread is available for those who need it. After communion the congregation sits.*

## ANTHEM AT COMMUNION

*Sicut Cervus*

Text: Psalm 42:1

Music: Giovanni Pierluigi da Palestrina (1525-1594)

*Sicut cervus desiderat ad fontes aquarum,  
ita desiderat anima mea ad te, Deus.*

As a hart longs for the flowing streams,  
so longs my soul for thee, O God.

## THE SENDING OF EUCHARISTIC VISITORS *(When needed)*

*Celebrant* In the name of this congregation, I send you forth bearing these Holy gifts to N., that those to whom you go may share with us in the body and blood of Christ.

*People* **We who are many are one body, because we all share one bread, one cup. Amen.**

## THE POSTCOMMUNION PRAYER

*Celebrant* Let us pray.

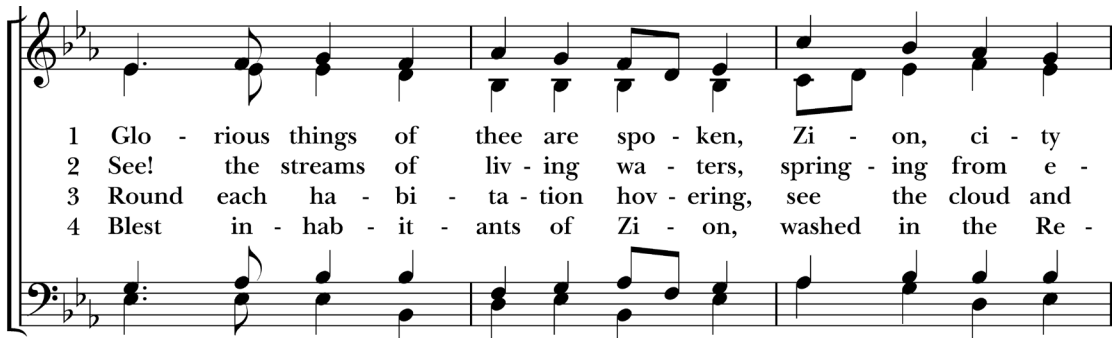
*The congregation stands in body or spirit.*

**Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of Christ, and heirs of your eternal kingdom. And now, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Savior. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.**

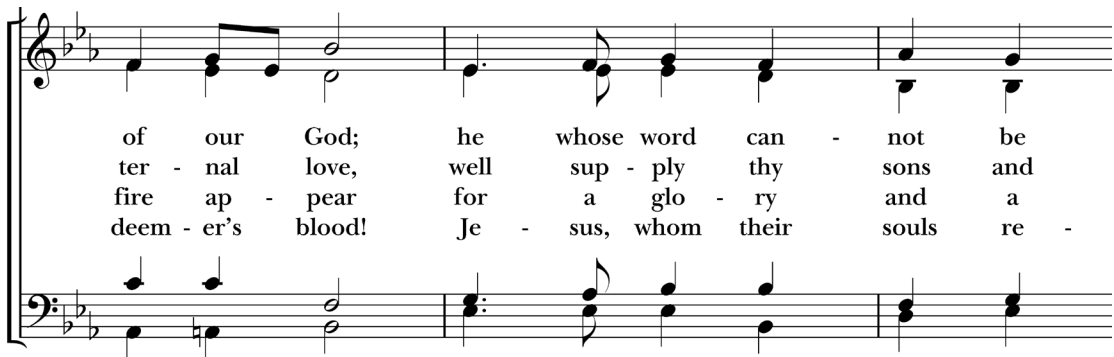
## THE BLESSING

# CLOSING HYMN 522

## Glorious Things Of Thee Are Spoken



1 Glo - rious things of thee are spo - ken, Zi - on, ci - ty  
2 See! the streams of liv - ing wa - ters, spring - ing from e -  
3 Round each ha - bi - ta - tion hov - ering, see the cloud and  
4 Blest in - hab - it - ants of Zi - on, washed in the Re -



of our God; he whose word can - not be  
ter - nal love, well sup - ply thy sons and  
fire ap - pear for a glo - ry and a  
deem - er's blood! Je - sus, whom their souls re -



bro - ken formed thee for his own a - bode;  
daugh - ters and all fear of want re - move.  
cov - ering, show - ing that the Lord is near.  
ly on, makes them kings and priests to God.



on the Rock of A - ges found-ed, what can shake thy  
Who can faint, when such a riv - er ev - er will their  
Thus de - riv - ing from their ban - ner, light by night, and  
'Tis his love his peo - ple rais - es o - ver self to

sure re - pose? With sal - va - tion's walls sur -  
 thirst as - suage? Grace which, like the Lord, the  
 shade by day, safe they feed up - on the  
 reign as kings: and as priests, his sol - emn

round - ed, thou may'st smile at all thy foes.  
 giv - er nev - er fails from age to age.  
 man - na which he gives them when they pray.  
 prais - es each for a thank - of - fering brings.

Words: John Newton (1725-1807), alt. Music: *Austria*, Franz Joseph Haydn (1732-1807); desc. Michael Y. Young, (b. 1939).  
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## THE DISMISSAL

*Celebrant* Let us bless the Lord.  
*People* **Thanks be to God.**

## VOLUNTARY

Jesu meine Freude, F.38, 3

Wilhelm Friedemann Bach (1710-1784)



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## **PRAYER LIST – March 8, 2026**

For God's healing grace upon all who ask for our prayers, especially:

Brian Wilbert	Nancyanne Sinclair	Scott and Mary Ryder
Mickey Pressler	Kent Cicerchi	Jeff Irvine and Lynne Ramsey
May Targett	Marty Burkett	George and Sandy Luther
Laura Blunk	John Gordon	The Abookire Family
Larry Ross		

Mary Ann Bugno, mother of Karen Hall

Brigitta, friend of Ian Hall

Sue Young and Karin Holt, friends of Janet Morrison

Judy and Len Morrell, mother and stepfather of Julie Travis

Esta Fairchild, friend of Ute Vilfroy

Jim Jaskolka, friend of Doreen Hughes

Sylvia Nygard, mother of Jo Nygard Owens

Terry Williamson, cousin of David Cratty

George Hixson, friend of Michael and Catherine Wells

Felicia Socha, niece of Carol Grasgreen

Erin Gingrich, daughter of Myfanwy Saunders

Jerry Woggoman and family, extended family of Charlotte Nichols

P.J. and the O'Toole Family, friends of Ute Vilfroy

Mike and Carol Yaquinto, cousins of Gayle Cratty

Dick Jarvis, brother-in-law of Gretchen Mettler

Jodi, friend of Debbie Likins-Fowler

Sheryl Edwards, friend of Judy Stickland

Harold Snow, brother of Howard Lewis

Davida Dodson, sister of Rob Bauer

Fran Davis-Razor, cousin of Catherine Wells

Aaron & Melissa Spiess, son & daughter-in-law of Jeff & Pat Spiess

Dick Houseman, cousin of David and Gayle Cratty

Jerry B., friend of David and Gayle Cratty

Mary Hippler, sister of Mark Malloy

Joan Condon, sister of Ted Andrews and sister-in law of Bruce Holloway

Susan Dolan-Laughlin, sister of Neil Green and sister-in-law of Joyce Green

Michael Graham, husband of Marian Graham

Jo Anne Fowler, mother of Bob Fowler

Danajean Cicerchi, sister of Kent Cicerchi

Kimberly Yakowec, daughter of Kathy Raymond

Carolyn Faiver, sister of Chris Faiver

Robert Obermann, nephew of Michael and Catherine Wells

We ask for God's nearness to those who grieve for loved ones and those who have recently died. May light perpetual shine upon them.

We ask for the safety of U.S. military personnel, especially:

Sullivan Twining  
Michael Bryant  
James Piepsny  
Greyson Elliott  
Charles Lewis

Greg Allen  
Caleb Glorioso-Mays  
Jerrod Peterson  
Cameron Bowen

Kevin Meyers  
Chris Munz  
Charles Sarano  
Aaron Spiess

We pray for the flourishing of our companions in the Diocese of Belize and the Diocese of Tanga, Tanzania; and for churches in the Anglican Communion, especially The Episcopal Church in Jerusalem and The Middle East.

In the Diocese of Ohio, we entrust to God's care our licensed lay ministers: Eucharistic Ministers and Visitors, Lay Preachers, and Lay Worship Leaders.

We ask God to bless the Invite, Welcome, Connect Mission Team as they go and make disciples of all nations by cultivating intentional practices of evangelism, hospitality, and belonging; and to renew Trinity through a continual process of welcoming and celebrating new relationships.

We offer blessings upon those celebrating birthdays this week:

Archer Abrahamson  
Bob Mitchell  
Budd Wentz

Adam Gluntz  
Lisa Roth  
Linda Wood

Joyce Igel  
Damon Walker

~~~~~

Prayers of petition & intercession for friends and family remain on our Prayer List for 6 weeks. **Long-term prayer requests (beyond 6 weeks) can be submitted for the Prayer Tree.**

For prayer requests, thanksgivings & congregational birthday blessings:  
Doreen Hughes, 216.774.0415, [dhughes@trinitycleveland.org](mailto:dhughes@trinitycleveland.org).

Please submit requests by noon on Thursday for inclusion in print on Sunday.

# HOLY WEEK & EASTER

AT TRINITY CATHEDRAL EPISCOPAL CHURCH

## **Palm Sunday**

March 29

8:00 a.m. | Early Eucharist

9:00 a.m. | The Abundant Table

11:15 a.m. | Choral Eucharist

*Preaching: The Very Rev. Bernard J. Owens*

## **Tenebrae**

Wednesday, April 1 | 6:00 p.m.

*Preaching: The Rev. Dr. C. Eric Funston*

## **Maundy Thursday**

April 2 | 6:00 p.m.

*Preaching: The Rev. Megan Allen-Miller*

## **Good Friday**

April 3 | 12:00 p.m.

*Preaching: none*

## **The Great Vigil of Easter**

Saturday, April 4 | 8:00 p.m.

*Preaching: The Rev. Canon Adrienne Koch*

## **Easter Sunday**

April 5 | 9:00 a.m. & 11:15 a.m.

*Preaching: The Rt. Rev. Anne B. Jolly*

*Celebrating: The Very Rev. Bernard J. Owens*

# Explore Small Groups

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## Trinity Trekkers

The Trinity Trekkers gather to engage in outdoor activities—including hiking, kayaking, biking, and sledding, among others—to provide a means to meet God in nature, exercise our bodies, promote a healthy lifestyle, build community, and have fun as a Trinity congregation. Contact **Bill DiTirro** for more information.



## Pride in the CLE Saturday, June 6

Pride in the CLE is coming June 6, 2026! Trinity will again be marching with other churches in the Episcopal Diocese of Ohio. It's a great time to mix and mingle with members of other congregations! We are planning to have a booth in the Festival again. Stay tuned for more details!



## The Gift of Years Book Discussion Thursday, March 19 2:00 PM

The Gift of Years group is hosting a book discussion on *How We Learn to Be Brave: Decisive Moments in Life and Faith* by Mariann Edgar Budde. The book explores how to find courage in life's critical junctures, blending memoir, theology, and cultural examples to guide readers in responding with grace and clarity. Discussions run over multiple sessions: Thursdays, March 19 and April 16.

**Facilitator:** Sally Lambert

# ANNOUNCEMENTS

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## **Easter Offering & Flowers**

This Easter, your offering will help sustain several of Trinity's longtime outreach ministries and the partner organizations the cathedral supports, such as A Place at the Table, Trinity's Urban Farm, Marion-Sterling School, Adopt-a-Shelf at Friendly Inn.

Members are also invited to donate Easter flowers in honor of a loved one—please note your dedication in the memo field. The deadline for flower dedications is March 31. Contact Doreen Hughes with any questions.

## **Now Hiring: Development Assistant**

Trinity Cathedral is looking for an organized, detail-oriented, and relational Development Assistant to join our team! If you or someone you know is passionate about community-building and want to support the vital fundraising and stewardship efforts of a thriving urban cathedral, email a letter of interest, resume, references, and salary requirements with a subject heading of "Development Assistant Search" to [hr@trinitycleveland.org](mailto:hr@trinitycleveland.org).

## **Lent Madness**

The season of Lent brings along Lent Madness! A lively and fun way to discover the inspiring lives of the saints on the Church's calendar. Here's how it works: 32 saints enter a tournament-style single elimination bracket. Each matchup is open for voting during a set timeframe, where you can choose your favorite saint! Round by round, 16 saints move on to the Sainly Sixteen, eight advance to the Elate Eight, then to the Faithful Four, and finally, two saints face off for the Championship. The thrilling winner will earn the esteemed Golden Halo. The first round shares insightful biographical details about the saints, but things get even more fascinating as later rounds explore legends, quotes, quirks, and even some playful saintly kitsch. Dive further into Lent Madness or join the fun by visiting the online bracket at [www.lentmadness.org/#play-bracket](http://www.lentmadness.org/#play-bracket), where you'll find two enjoyable ways to take part. Be sure to check out the poster featuring the bracket and winners of each round in the Piazza after Ash Wednesday! Which saint will be crowned with the Golden Halo? Stay tuned and share the excitement!

# EVENTS

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## TODAY | MARCH 8

### **Eat, Pray, Practice: Part 3 | 10:10 AM**

In this multi-week class, we'll explore the spiritual practices of eating and praying. These two practices are not only life-sustaining, but they add the color and zest to our lives that are essential to the spiritual component of human thriving.

### **Sunday Schmooze: Liturgy | 10:10 AM**

To mark the Jewish holiday celebrating the anniversary of God giving the Torah to the people, the rabbi puts a little honey on a slate with the words of the Bible on them and the children lick the honey from the letters with their tongues; for as God says to the prophet Ezekiel, "Mortal, feed your stomach and fill your belly with this scroll...and I ate it and it tasted as sweet as honey to me." The Liturgy Mission Team invites you to enjoy honey, fruit and yogurt as you consider signing up for worship roles such as the reading of scripture on Sundays, chalice-bearing for Eucharist, and carrying the cross in procession. Please stop by the sign-up table after grabbing your snack!

### **Formation for Children and Youth | 10:10 AM**

Grades 1-4: Godly Play in the Godly Play area on the 3rd fl.

Grades 5-8: Disciples & Dragons in our Gaming Room at the back area on the 3rd fl.

Grades 9-12: Youth Group meet on the 3rd fl.

### **Ginger Bitikofer Retirement Afternoon Tea | 2:00 PM**

Join us as we celebrate Ginger Bitikofer's retirement from Trinity Cathedral with an Afternoon Tea featuring finger foods, selections of tea, and lots of fun and memories of Ginger.

### **A Freedom Rally for Prayer and Action | 3:00 PM**

If you have been watching what is happening to our immigrant neighbors and asking, "What can I do to help?"—this is your next step. Join a diverse coalition of faith leaders from Christian, Jewish, and Muslim congregations across Northeast Ohio at **Fairmount Presbyterian Church, 2757 Fairmount Blvd, Cleveland Heights**. This gathering is a call to solidarity, prayer, and truth-telling about the realities facing migrants in our community today. Find more information or register online.

# EVENTS

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## THIS WEEK

### **Racial Justice Rule of Life Meeting | Wednesday, March 11 | 5:00 PM**

The Racial Justice Rule of Life group will next meet in the Chapter Room. Join us as we strive to create and sustain a culture at Trinity Cathedral that is welcoming, humble, and caring. To stay updated on future gatherings and resources, please make sure to join the group on Realm.

### **Expansive Evensong | Wednesday, March 11 | 6:00 PM**

This Expansive Evensong draws on Celtic music and worship styles as we honor Harriet Tubman, with the Rev. Megan Allen-Miller leading our discussion.

### **Healing Eucharist | Thursday, March 12 | Noon**

A quiet, profound service that offers a mid-week respite. All are invited to Holy Communion and, if desired, a laying-on of hands and anointing for healing of themselves or others. The Rev. Megan Allen-Miller is leading.

### **Trinity Friars Lenten Fish Fry | Friday, March 13 | 6:00 PM**

Join the Trinity Friars this Lenten season at different Fish Fry events across the Greater Cleveland area. All are welcome to participate. This week's gathering is at **Sts. Constantine and Helen Greek Orthodox located at 3352 Mayfield Road in Cleveland Heights**. Each Friday, the Friars visit a different church that hosts a Lenten Fish Fry. The group gathers at 6:00 p.m., purchases their own meals, and shares a meal together in fellowship. **See the full schedule at: [www.bit.ly/4rwthD2](http://www.bit.ly/4rwthD2)**

### **Meet, Eat, Repeat! | Saturday, March 14 | 6:00 PM**

Dinner groups are forming, and there's a seat waiting just for you! These small, relaxed gatherings offer a meaningful way to share a meal, build relationships, and connect with others in our community. Additional dates include: March 21, and 27, and April 11 and 18-come ready to enjoy good food and good company. **Please register at: [www.bit.ly/46ZIF3z](http://www.bit.ly/46ZIF3z)**

# EVENTS

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## NEXT SUNDAY | MARCH 15

### **Eat, Pray, Practice: Part 4 | 10:10 AM**

In this multi-week class, we'll explore the spiritual practices of eating and praying. These two practices are not only life-sustaining, but they add the color and zest to our lives that are essential to the spiritual component of human thriving.

### **Integrated Awareness: Week 1 | 10:10 AM**

How often do we rely on our minds when making decisions or understanding the world? Too often we rely on our brains—or head knowing—for almost everything. In this three-part class, we'll examine our three centers of knowing—head, heart, and body—and begin the work of integration to be fully present to ourselves and in the world.

**Week 1** - Body: The body is often where we turn last, but it is the grounding needed to integrate head and heart knowing.

**Week 2** - Heart: What does our heart know that our heads do not, and how can we tune into that knowledge?

**Week 3** - Head: Learn to see the mind clearly and acknowledge what it does—and doesn't—provide.

Facilitator: The Rev. Jo Nygard Owens

### **Clergy and Coffee | 10:10 AM**

Grades 1-12: Group Gathering in the Piazza then going to Starbucks with the Rev. Canon Adrienne Koch.

### **WAMderings: Christ Church in Hudson | 6:30 PM**

Come wander with Worship, Art, and Music this spring, as we discover the sacred in new places! On March 15, we join Christ Church (21 Aurora Street, Hudson) for Compline. See the full schedule on a previous page in this bulletin.

# EVENTS

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## BEYOND

### **CSU Percussion Ensemble | Wednesday, March 18 | Noon**

We look forward to welcoming the Cleveland State University Percussion Ensemble for our free Brownbag Concert on Wednesday, March 18. Led by Katalin La Favre, the ensemble performs contemporary works, classics of the genre, and transcriptions from all musical periods. Membership includes graduate and undergraduate students.

### **Choral Evensong | Wednesday, March 18 | 6:00 PM**

This Choral Evensong honors Cyril of Jerusalem, with the lower voices of the choir singing responses by Millington, canticles in D by Stanford, and Carson Cooman's *Your Hands, O Lord*. The Very Rev. Bernard J. Owens will preach, and we invite you to join us in the chancel.

### **Alla Boara | Friday, March 20 | 7:00 PM**

Alla Boara returns to Trinity for another rousing evening of Italian folk music and friendship. Blending historical practice with contemporary styles, Alla Boara combines thrilling storytelling with the dazzling soloing of a veteran jazz ensemble.

### **Spring Spruce-Up | Saturday, March 21 | 9:00 AM**

Join the Stewardship Committee on Saturday, March 21 from 9:00 a.m. to 1:00 p.m. to help give our church and grounds some gentle cleaning, care, and attention. We'll clean some "nooks and crannies" that often get missed, both inside and outside (weather permitting). Many hands make light work! Refreshments will be served. Contact Marcia Miltner with any questions. A sign-up sheet is available on Sunday, March 8 and March 15 at the stewardship table in the promenade. We hope you can join us!

### **Expansive Evensong | Wednesday, March 25 | 6:00 PM**

We commemorate the Annunciation at Expansive Evensong on Wednesday, March 25. Members of the choir bring Celtic music, with the Rev. Megan Allen-Miller leading our discussion.

# SAVE THE DATE

**WE HOPE YOU CAN JOIN US FOR HOLY WEEK AND EASTER SERVICES BEGINNING SUNDAY MARCH 29 WITH PALM SUNDAY.**

**PLEASE SEE THE FLYER ON A PREVIOUS PAGE IN THE BULLETIN.**

For a complete listing of events, please visit [trinitycleveland.org/calendar](http://trinitycleveland.org/calendar)

## ABOUT



Learn more about Trinity Cathedral.

## CALENDAR



View the full calendar of events at Trinity.

## SUBSCRIBE



Join our mailing list to stay informed.

## VISITORS



Fill out a visitor card to get in touch with us.

# SERVICES AT TRINITY CATHEDRAL

## SUNDAYS

**8:00 a.m.** Early Eucharist (Chapel)

**9:00 a.m.** Abundant Table Service\*\*

**11:15 a.m.** Choral Eucharist \*

**4 p.m.** Solemn Sung Eucharist \*  
(First Sunday Oct-May)

## WEDNESDAYS (FEB-MAY)

**12 p.m.** Brownbag Concert  
(first and third Weds)

**6 p.m.** Evensong \*  
visit [trinitycleveland.org/music-art-trinity](http://trinitycleveland.org/music-art-trinity) for more details

## THURSDAYS

**12:10 p.m.** Healing Service

\* Livestreamed Service

\*\* Livestreamed the first  
Sunday of the month.

## Clergy

The Rt. Rev. Anne B. Jolly, Bishop .....[annebjolly@dohio.org](mailto:annebjolly@dohio.org)

The Very Rev. Bernard J. Owens, Dean .....[bernard.owens@trinitycleveland.org](mailto:bernard.owens@trinitycleveland.org)

The Rev. Canon Adrienne Koch, Canon .....[akoch@trinitycleveland.org](mailto:akoch@trinitycleveland.org)

The Rev. Megan Allen-Miller, Priest Associate .....[mallen-miller@trinitycleveland.org](mailto:mallen-miller@trinitycleveland.org)

## Pastoral & Program Staff

Lisa Galek, Communications Manager .....[lgalek@trinitycleveland.org](mailto:lgalek@trinitycleveland.org)

Craig Gahnz-Kuhar, Music Associate .....[cgahnz-kuhar@trinitycleveland.org](mailto:cgahnz-kuhar@trinitycleveland.org)

Shiloh Roby, Director of Music .....[sroby@trinitycleveland.org](mailto:sroby@trinitycleveland.org)

Eric Travis, Associate for Congregational Ministry .....[etravis@trinitycleveland.org](mailto:etravis@trinitycleveland.org)

**Trinity Cathedral Welcomes Everyone:** people of all faiths, races, nationalities and walks of life: urban and suburban, rich and poor, gay and straight, families and singles, young, old and in-between. We hope you will feel welcome here. Please complete a visitor card located on the Cathedral columns and give it to an usher, or leave it in the offering plate. Don't leave without a Welcome Packet, and check us out on social media.

**Soft Space in the Transept** of the Cathedral is available for parents, infants and young children on Sunday mornings. Soft Space has a large mat, toys and more for quiet play—allowing parents to remain in the worship service.

**The Flowers on the Altar** are offered to the glory of God in loving memory of Howard Cooper, Mable Shields Andrews, Fanny Tewksbury King, Ralph King, Harley C. McLain.

**FYI:** We encourage and remind you to secure and protect your personal valuables when visiting Trinity Commons.

If you are visiting Trinity today and would like to help support our mission and ministry, donation envelopes are available at the Welcome Table. You may also donate to Trinity online at [www.trinitycleveland.org/support](http://www.trinitycleveland.org/support).

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Trinity Cathedral

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[www.trinitycleveland.org](http://www.trinitycleveland.org)

Facebook: [facebook.com/trinitycleve](https://www.facebook.com/trinitycleve)

YouTube: [youtube.com/trinitycleveland](https://www.youtube.com/trinitycleveland)

**Prayer Requests:** Doreen Hughes

216-774-0415, [dhughes@trinitycleveland.org](mailto:dhughes@trinitycleveland.org)

**Please note:** Prayer requests submitted Thursday by noon will be included in Sunday's Bulletin. Those submitted after will be included the following Sunday.

**Space Use Requests:**

[www.trinitycleveland.org/connect/space-use/](http://www.trinitycleveland.org/connect/space-use/)